

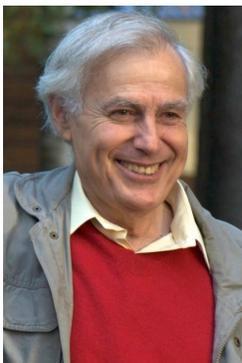


Activating Your Healing Power Within

workshop with John Diamond, M.D.

In his over fifty years of practice in medicine, psychiatry, complementary medicine and holistic healing, Dr. Diamond has increasingly recognized that there is within us a great healing force, *Life Energy*, which Hippocrates called the *vis medicatrix naturae*, the *healing power of nature*. With his increasing involvement with this concept, his research has led him beyond the limitations of the medical model and he has dedicated his work to helping people activate this *Force* within themselves to obtain a life of health and happiness.

Dr. Diamond will present his research results and clinical experience in using *Life-Energy Analysis* for life enhancement and holistic healing. *Life-Energy Analysis* is a system whereby we can look at the totality of our lives to assess any impeding factors to achieving total well-being and happiness. Many, many methods can be used to achieve this goal – including action meditation – leading to a reorientation of one's way of life, to positive energy and spiritual advancement. Techniques presented are quite specific and straightforward and are viewed in the light of a holistic philosophy that embraces body, mind and spirit.



Dr. John Diamond, M.D. is a pioneering figure in alternative and holistic medicine. His remarkable body of work, which includes his discovery of the link between the meridians and the emotions, embraces a wide range of disciplines, the result of over forty-five years of research and clinical practice. Dr. Diamond now practices as a Holistic Consultant and blends his experience in medicine, psychiatry, complementary medicine, the humanities, holism, applied kinesiology, acupuncture theory, spirituality and the arts to help sufferers overcome problems relating to body, mind and spirit. He is the author of over thirty-five books including *Your Body Doesn't Lie*, *Life Energy: Unlocking the Hidden Power of Your Emotions to Achieve Well-Being* and *Facets of a Diamond: Reflections of a Healer*.

<http://drjohndiamond.com>

Saturday May 27, 10AM-5PM

146 Main St., Los Altos, Ca 94022

\$125 members \$135 non-members

To sign up and register call Mary @ 650-948-0419

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www.fmbr.org